



### **INSTITUTION DISTINCTIVNESS:**

**Vision:** of Vidyadhiraja College of Physical Education and Research((VCPE&R): To become a renowned institution where dedicated educators, inspire a healthier society through their commitment to character, community engagement, and transformative social change via physical education.

**Mission:** Nurturing educators with values and expertise to shape lives through physical education, fostering character, community engagement, and social change.

VCPE&R's exemplary performance in motivating the teacher trainees, fostering leadership for social change through its innovative curriculum, community engagement initiatives, and emphasis on cultural understanding sets it apart as a premier institution dedicated to realizing its vision of inspiring transformative social change through physical education.

#### **1. Integration of Community Engagement: Fostering Leadership for Social Change:**

VCPE&R excels in fostering leadership for social change by integrating community engagement empowering students to address pressing social issues and advocate for healthier communities. VCPE&R engage in community outreach programs where they organize after-school sports clubs in local schools. By volunteering their time to coach and mentor young students, they not only promote physical activity but also serve as positive role models, inspiring healthier habits and fostering leadership skills among the next generation.

#### **2. Emphasis on Conflict Resolution Skills: Promoting Harmonious Relationships:**

The college's emphasis on conflict resolution skills through sports and physical activities equips students with practical tools to peacefully resolve disputes and build positive relationships, contributing to a more harmonious society. Through hands-on exercises and opportunities, they learn how to effectively manage conflicts that may arise among students during sports events, ensuring a safe and inclusive learning environment.

#### **3. Commitment to Cultural Understanding: Enriching Educational Programs:**

VCPE&R's commitment to cultural understanding and inclusivity enriches its educational programs, exposing students to a diverse range of sports and physical activities from different cultural backgrounds,



Mahatma Education Society's

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fostering mutual respect and appreciation for diversity. Through these experiences, students gain firsthand knowledge of cultural traditions related to physical activity, fostering empathy, respect, and appreciation for cultural diversity. They then integrate these insights into their teaching practices, ensuring that their future physical education classes are culturally sensitive and inclusive.

4. **Research and Scholarship:** The institution encourages and supports faculty members in conducting research and contributing to the field of education. This commitment to scholarly activities enhances the faculty's expertise and exposes them to the latest educational theories and empirical studies, allowing them to incorporate evidence-based practices into their teaching methodologies.

5. **Promotion of Lifelong Engagement: Creating a Dynamic Learning Environment:**

By promoting community engagement and lifelong learning, VCPE&R creates a dynamic learning environment that encourages students to continue their engagement in physical activities and sports beyond college, contributing to a healthier and more active society. VCPE&R provides mentorship opportunities for physical education teacher trainee students to connect with alumni who have pursued careers in sports coaching, physical therapy, or community sports organizations. Through these mentorship relationships, students receive guidance on how to continue promoting physical activity and healthy living in their future careers, ensuring they remain committed to lifelong engagement in physical education.

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